

# Raffles Activities Calendar – October 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1. Personal time/ Paper run Residents Rights Month 10.45 Information session: GL 10:30 Flower Arranging: CW 2.00 Happy hour with David	2. Personal time 9.30 Walks & Talks 10.15 Combined exercises: CW 1.45 1.45 Information updates	3 German Unity Day 9.15 Balloon Tennis : CW  10.15 White board games
4. Daylight savings starts 9.15 Bean Bags : CW  10.15 Seated Exercises : GL	5. Labour Day Public Holiday	6. Personal time/ Paper run 9.30 Walks & Talks 9.45 Knit & Natter  10.40 Combined Gardening  1.45 Hymns & prayers	7. Personal time/ Paper run 9.30 Walks & Talks 10.45 Reminiscing: CW 10.45 Join us & learn how to Boro Stitch: GL 1.45 Men's group – Beer Pong : GL 1.45 Memory magic : CW	8. Personal time/ Paper run 9.30 Walks & Talks 10.30 Board Games: CW 10.45 Painting : GL  2.00 Happy Hour with David	9. Personal time 9.30 Walks & Talks 10.45 Seated Exercises : GL 10.45 Wood work : CW 1.45 BINGO 1.45 Information updates	10. 9.15 Seated Exercises : CW  10.15 White board games
11. 9.15 Target bowls : CW  10.15 Seated Exercises : GL	12. Personal time/ Paper run Shop Trolley 10.30 Concert with David & Footy Tipping Presentation 1.45 BINGO  1.45 Pamper & Music: CW	13. Personal time/ Paper run 9.30 Walks & Talks 9.45 Knit & Natter  10.45 Combined Rock Painting  1.45 Hymns & prayers	14. Personal time/ Paper run 9.30 Walks & Talks 10.45 Reminiscing: CW 10.45 Join us & learn how to Crotchet: GL 1.45 Cinema session in the Union Jack Room 1.45 Arts & Craft : CW	15. Personal time/ Paper run 9.30 Walks & Talks 10.30 Cooking pancakes: CW 10.45 Seated Exercises : GL  2.00 Happy Hour with David	16. Personal time/ Paper run 9.30 Walks & Talks 10.30 Memory Magic: CW 11.10 The chat room 1.45 BINGO 1.45 Information updates	17. 9.15 Balloon Tennis : CW  10.15 White board Games
18. 9.15 Bean bags : CW  10.15 Seated Exercises : GL	19. OKTOBERFEST Personal time/ Paper run 10.30 Concert with David 1.45 BINGO  1.45 Pamper & Music: CW	20. Personal time/ Paper run 9.30 Walks & Talks 9.45 Knit & Natter  10.40 Combined Seated Exercises: GL  1.45 Hymns & prayers	21. Personal time/ Paper run 9.30 Walks & Talks 10.45 Reminiscing: CW 10.45 Join us & learn how to Boro Stitch: GL 1.45 Men's group in the sports bar – Wine Tasting 1.45 GardenGroup: CW	22. Personal time/ Paper run 9.30 Walks & Talks 10.45 Combined Seated Exercises : CW 2.00 Happy Hour and Birthday Celebrations with David	23. Personal time 9.30 Walks & Talks 10.30 Cooking Cupcakes :CW 11.00 Residents thoughts get together :GL 1.45 BINGO 1.45 Information updates	24. 9.15 Seated Exercises : CW  10.15 White board games
25. Grandparents Day 9.15 Bring your photos Reminiscing about our Grandchildren	26. Personal time/ Paper run Shop Trolley 10.30 Concert with David 1.45 BINGO  1.45 Pamper & Music: CW	27. Personal time/ Paper run 9.30 Walks & Talks 9.45 Knit & Natter 10.40 Barb & Candy's Ice Cream Cart in the Garden  1.45 Hymns & prayers	28. Personal time/ Paper run 9.30 Walks & Talks 10.45 Reminiscing: CW 10.45 Join us & learn how to Crotchet: GL 1.45 Memory magic : CW 1.45 Cinema session in the Union Jack Room	29. Personal time/ Paper run 9.30 Walks & Talks 10.45 Board Games: CW 10.30 Morning Devotions: GL  2.00 Happy Hour with David	30. Personal time 9.30 Walks & Talks 10.45 Combined Seated Exercises : CW 1.45 BINGO 1.45 Information updates	31. 9.15 Balloon Tennis : CW  10.15 White board games